# Take the Pledge DRUNK & DISTRACTED DRIVING PLEDGE

Motor vehicle crashes are the no. 1 killer of American teens and one out of every three crashes are alcohol-related. It only takes one drink to impair driving ability. One drink, and the chances of being in a motor vehicle crash increase significantly. Texting while driving has become the number one driving distraction for many people. You're 23x more likely to have a car crash if you text and drive.

# Teen Pledge

I will not get behind the wheel impaired in order to keep myself and other drivers safe. In order to ensure the safety of myself and others, I will drive with care and caution and display the same courtesy that I expect from other drivers, bicyclists, pedestrians, and whoever else shares the road.

### I WILL

- Obey the law, stay alert and in control at all times.
- O Be a responsible driver and only drive when I am sober.
- O Plan for a designated driver or call my parents if I, or my driver, is impaired in a way that affects my ability to get home safely.
- Make the commitment to drive phone-free.
- O Be a good passenger and speak up if the driver in my car is distracted.

### I WILL NOT

- Get into a vehicle with a driver who has been drinking or using drugs.
- O Get behind the wheel impaired for any reason.
- Endanger my life and the lives of others by driving under the influence of alcohol.
- Text or talk on the phone while driving.
- O Unlock my phone for any reason, except for an emergency.

## **TEEN DRIVER**

I agree to follow all of the above stated rules and restrictions, and I understand that failure to do so will lead to penalties such as the loss of my driving privileges.

### **TEEN DRIVER SIGNATURE**

# **PARENT/GUARDIAN**

I promise to provide and maintain a safe vehicle; pick you up or arrange a ride home when you need me regardless of your situation or the time of your call; and lead by example by exhibiting safe driving behavior.

### **PARENT/GUARDIAN SIGNATURE**

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**DATE**